

ERIN E. WOODS, Ph.D., LPC, CCATP

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EDUCATION

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| Ph.D. in Education, Concentration in Counselor Education and Supervision
Old Dominion University, Norfolk, VA | Fall 2022 |
| M.A. in Substance Abuse and Clinical Counseling
East Carolina University, Greenville NC | May 2014 |
| B. S. in Sociology, Concentration in Crime and Deviance
Virginia Polytechnic Institute and State University, Blacksburg, VA | December 2011 |
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PROFESSIONAL CERTIFICATIONS

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| Licensed Professional Counselor
Virginia Department of Health Professionals-Board of Counseling (#0701008617) | September 2019- Present |
| Certified Clinical Anxiety Treatment Professional
Evergreen Certifications (#635903) | September 2021-Present |
| State Certified Prescreening Evaluator | 2014-2017 |
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CLINICAL EXPERIENCE

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| Assistant Director
<i>Counseling and Human Services Community Wellness and Support Clinic</i>
<i>Old Dominion University</i> | August 2021-May 2022 |
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- Assisted in the development of materials for the clinic's website, orientation, and other start-up projects essential to the opening of the department's first training clinic
 - Collaborated with professors, supervisors, and students from the Department of Counseling and Human Services
 - Participated in the development of clinic procedures for tasks such as record keeping, maintaining a clinic calendar, communication with clients, and daily clinic operations
 - Aided clinic director in clinic tasks and meetings, providing training and other educational opportunities for practicum and internship-level master's students on topics such as crisis intervention, suicide assessment and diagnosis
 - Provided clinical support to clinic staff related to treatment planning, case conceptualization, diagnosis, and ethical/legal concerns
 - Interviewed prospective trainees for placement at the clinic and aide in the selection and notification process

Licensed Professional Counselor (Ph.D. Practicum/Internship)

January 2021-January 2022

Free Spirit Counseling

- Provided outpatient assessment and mental health counseling services for individuals with mental health, substance abuse, and co-occurring disorders, maintaining a caseload of approximately 13 clients
- Participated in group supervision with licensed clinicians, pre-licensed clinicians, and practicum/internship students
- Aided in the expansion of the private practice, including therapeutic office design
- Created intake forms and crisis resource guides
- Utilized an electronic health record and maintain HIPAA compliant documentation
- Engaged in consultation with provisionally licensed clinicians and practicum/internship students

Outpatient Therapist II

July 2016-August 2019

Middle Peninsula Northern Neck Community Services Board

- Completed intake assessments for adults and children with mental health, substance abuse, and co-occurring disorders. Intakes included the diagnosis mental health, substance use, and co-occurring disorders
- Utilized a variety of assessment tools including the Daily Living Activities-20, the American Society of Addiction Medicine Placement Criteria, the PHQ-9, and The Columbia Suicide Severity Rating Scale
- Provided individual outpatient counseling and group counseling services to individuals with mental health, substance use, and co-occurring disorders
- Engaged in collaborative treatment planning and documentation
- Maintained HIPAA compliant documentation utilizing an agency wide electronic record keeping system
- Consulted with psychiatrists, nurses, nurse practitioners, case managers, QMHPs, and other providers
- Participated in clinical staffing and supervision
- Assisted in the implementation of state mandated Same Day Access Services.
- Participated in MTM same day access gap analysis team

Mental Health Therapist

March 2016-July 2016

Armor Correctional Healthcare -Greenville Correctional Center

- Provided individual therapy, psychosocial assessments, diagnosis, and treatment planning with inmates in the mental health unit, along with rounds in prison segregated housing unit
- Participated in case staffing with prison psychiatrist
- Acted as clinician on-call for crisis services
- Determined appropriate level of observation/restraint in crisis
- Attended court hearings to obtain orders for client transfers to higher levels of care

Mental Health Outpatient Therapist/Youth Crisis Lead

April 2015- March 2016

Middle Peninsula Northern Neck Community Services Board

- Provided crisis assessments, hospital discharge appointments, and crisis intervention sessions for children ages 0 to 18
- Utilized Ecosystemic Family Therapy while working with children and their families during the crisis assessment, intervention, and stabilization process
- Facilitated trainings and scheduling for crisis stabilization staff
- Provided clinical guidance and acted as on-call supervisor for crisis stabilization teams
- Completed and reviewed documentation using Profiler electronic record keeping system
- Scheduled emergency psychiatric appointments and hospital discharge appointments

- Completed grant reporting

Emergency Services Counselor

May 2014 - April 2015

Middle Peninsula Northern Neck Community Services Board

- Provided prescreening evaluations, crisis intervention sessions, and hospital discharge appointments for crisis clients of all ages
- Collaborated with hospital staff, law enforcement and magistrates to ensure appropriate level of care was determined.
- Obtained Emergency Custody Orders and Temporary Detention Orders as needed.
- Created safety plans utilizing client's natural and professional supports
- Acted as on call clinician
- Documented services using Profiler electronic record keeping system
- Scheduled emergency psychiatric appointments and hospital discharge appointments
- Utilized state bed registry

SUPERVISORY EXPERIENCE

Site Supervisor, Counseling and Human Services Community Wellness and Support Clinic
Fall 2021, Spring 2022

- Provided weekly individual supervision for one practicum-level counselor

University Supervisor, Old Dominion University
Spring 2021, Summer 2021, Fall 2021

- Provided weekly individual or triadic supervision for practicum-level counselors

University Supervisor, Old Dominion University
Spring 2020

- Provided weekly individual, triadic, and/or group supervision for master's students enrolled in COUN 633: Counseling Techniques

TEACHING EXPERIENCE

Clinical Education Specialist
Centerstone

February 2022 – March 2023

- Develop simulated training courses for Centerstone clinicians and external groups
- Participate in live observation and supervision of clinicians during simulated patient sessions
- Aide in NBCC record keeping to maintain team's NBCC CEU provider status
- Create and develop live trainings for external groups and Centerstone clinicians
- Work with program directors and program evaluation team to ensure grant requirements are met
- Review grant narratives
- Implement project plans to fulfill grant requirements
- Collaborate with creative team

Master's Courses, Old Dominion University

<i>COUN 680: Mental Health Orientation</i> Adjunct instructor Residential	Spring 2023
<i>COUN 650: Theories of Counseling and Psychotherapy</i> Adjunct instructor Residential	Fall 2022
<i>COUN 669: Practicum</i> Co-instructor with Dr. Amber Pope Residential	Fall 2021
<i>COUN 691: Family Systems and Family Development</i> Co-instructor with Dr. Jenn Linnekaste Online, asynchronous	Summer 2021
<i>COUN 647: Addictive Disorders</i> Co-instructor with Dr. Jenn Linnekaste Online, asynchronous	Summer 2021

Undergraduate Courses, Old Dominion University

<i>HMSV 468: Internship</i> Teaching Assistant for Dr. Naeem Shaikh Online synchronous/asynchronous learning	Summer 2021
<i>HMSV 368: Field Observation</i> Teaching Assistant for Dr. Naeem Shaikh Online synchronous/asynchronous learning	Summer 2021
<i>HMSV 346: Diversity Issues in Human Services</i> Teaching Assistant for Dr. Naeem Shaikh Online synchronous/asynchronous learning	Spring 2021
<i>HMSV 346: Diversity Issues in Human Services</i> Teaching Assistant for Dr. Naeem Shaikh Online synchronous/asynchronous learning	Fall 2021
<i>HMSV 346: Diversity Issues in Human Services</i> Teaching Assistant for Dr. Naeem Shaikh Online synchronous/asynchronous learning	Summer 2020
<i>HMSV 368: Field Observation</i> Teaching Assistant for Dr. Naeem Shaikh Online synchronous/asynchronous learning	Summer 2020

<i>HMSV 368: Field Observation</i>	Summer 2020
Teaching Assistant for KC Joachim	
Online, synchronous/asynchronous	
<i>HMSV 449: Crisis Intervention, Prevention, and Ethics</i>	Summer 2020
Teaching Assistant for KC Joachim	
Online, synchronous/asynchronous	
<i>HMSV 341: Introduction to Human Services</i>	Spring 2020
Instructor of Record	
Residential to online synchronous/asynchronous learning due to Covid-19	
<i>HMSV 346: Diversity Issues in Human Services</i>	Fall 2019
Teaching Assistant for Dr. Naeem Shaikh	
Residential	

RESEARCH AND PUBLICATIONS

Peer-Reviewed Journal Articles

Woods, E. E., Gantt, A. C., & Pope, A. (*in press*). "I'm so #OCD:" A content analysis of how women portray OCD on TikTok. *The Professional Counselor*.

Research Effort in Progress

Gantt, A. C., Woods, E. E., & Kemer, G. (*in progress*). Do my friends affect me? An exploration of counselor in training cognitive complexity.

Research Experiences

Graduate Research Assistant, Old Dominion University August 2019-August 2021

- Collected data from university websites, graduate catalogs, and handbooks for content analysis related to mass incarceration
 - Preliminary coding of data
 - Worked under supervision of Lead Researcher: Dr. N. Shaikh, Old Dominion University
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PRESENTATIONS

Swanson, E.E. (2020, November). How are future counselors prepared for working with substance abuse? Round Table Discussion to be presented at the North Atlantic Region Association of Counselor Educators. Proposal accepted; conference canceled due to COVID-19.

GRANTS

Unfunded Grant Activity

Title: Request for Electronic Health Record Funds for Counselor Training Clinic

Funder: Virginia Counselors Association Foundation Suzee Leon Grant, \$1,000

LEADERSHIP & SERVICE

Michelle Dowdy Emerging Leader, Virginia Counseling Association: 2021-2022

Awards Committee Co-Chair, Chi Sigma Iota (CSI), The Counseling Academic & Professional Honor Society International, Omega Delta Chapter: June 2020-May 2022

Team Member, Middle Peninsula Northern Neck Community Services Board MTM same day access gap analysis team

PROFESSIONAL EXPERIENCE

Human Services Internship Assistant Coordinator, Old Dominion University August 2020-May 2022

- Process and organize undergraduate internship applications
- Update the undergraduate Human Services Internship Handbook as necessary
- Maintain undergraduate Human Services Internship Agency Site List
- Communicate with Human Services Students regarding internship as needed

Graduate Assistant, East Carolina University

January 2013-December 2013

- Assisted professors with various administrative tasks
 - Provided support for department front office staff
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AWARDS AND FELLOWSHIPS

Michelle Dowdy Emerging Leader

2021-2022

Virginia Counselors Association

Faculty Elected Commencement Speaker

May 2014

East Carolina University College of Allied Health Sciences Graduation

AFFILIATIONS

American Counseling Association, Member #6548389

Virginia Counselors Association

Virginia Clinical Counselors Alliance

Virginia Association for Counselor Education & Supervision
Association for Counselor Education and Supervision
International Obsessive-Compulsive Disorder Foundation
American Mental Health Counselors Association
Chi Sigma Iota, Counseling Academic & Professional Honor Society International
Alpha Gamma Delta, Panhellenic Sorority
